

Resources to raise dementia awareness with children

Books	
Grandma by Jessica Shepherd ISBN 13: 9781846436024	KS1 Written from the child's perspective Advocated by Dementia Knowledge Centre at Alzheimer's Society
Grandma forgets by Paul Russell and Nicky Johnston ISBN: 9781925335477	KS1 Newly published
Grandma's box of memories Helping Grandma to remember by Jean Demetris ISBN: 9781849055178	KS1 Well illustrated book about creating a box of memories.
Really and Truly: A story about dementia by Emile Rivard ISBN: 9781445119410	KS1 (Lower KS2?) Story about a child and their relationship with their grandad
When my Granny forgets, I remember: A child's perspective on Dementia ISBN: 9780991623600	KS1 / 2 Outlines the journey for the person affected by dementia and their family
Weeds in Nana's garden by Kathryn Harrison ISBN: 9780994946706	KS1 / 2 Explains dementia and Alzheimer's disease
It's me Grandma, it's me! By Eileen Mitchell 9781906647117 Product code 1004	KS2 Alzheimer's Society publication
Dear Grandma By Alzheimer's Society of Ireland	KS2 + Downloadable booklet and activities Alzheimer's Society publication
The Granny Project by Anne Fine ISBN: 9780552554381	KS2 Story around a family considering putting Granny in a care home and making changes to keep her at home
Milk's in the oven by Mental Health Foundation ISBN 13: 9781903645765	KS2 / KS3 Information about dementia and activities to complete
Can I tell you about dementia? by Jude Welton ISBN: 9781849052979	KS2 / 3 Written from a person with dementia's perspective, includes some facts and challenges of dementia. Advocated by Dementia Knowledge Centre at Alzheimer's Society
Dementia Diaries: A novel in cartoon by Matthew Snyman ISBN: 9781785920325	KS2 / KS3 Journal entries adapted from true stories by carers, trying to understand and cope with a grandparent's dementia over time. Additional activities and discussion points included.
What's happening to Grandpa? By Maria Shriver ISBN13 9780316001014	KS2 / 3 Follows Kate and grandpa's relationship following diagnosis.
Back to Black Brick by Sarah Moore Fitzgerald ISBN: 9781444006599	KS3/4 Story about a boy living with his grandfather who has Alzheimer's disease.
Heartbeat by Sharon Creech ISBN: 9780747571476	KS3 / 4 Recommended by The Book Trust. Supports having conversations with children.

Films / clips	
Finding Nemo, Disney	KS1 / 2 Link to memory loss
Inside Out, Disney	KS1 / 2 Focuses on the brain, its functions and how emotions can create memories. Explains long term memory.
'Jennifer and Trevor's story My grandad has dementia youtube.com/watch?v=cJPnge5oIWM	KS2 Outlines a teenager's relationship with her grandad
Dan's story- Dementia explained Alzheimer's society	KS2 Interview with Dan about his Nan having Alzheimer's disease and living with her diagnosis Factual but positive
Small changes help make a dementia friendly community youtube.com/watch?v=Fz8ACEu7Lho	Upper KS2 Shows unhelpful / helpful interactions by the public when someone living with dementia goes out for the a day in the community
5 things you should know about dementia www.bit.ly/AlzSocSch1	KS2 / KS3 Very short informative clip Famous people outlining dementia facts
A Walk through Dementia Alzheimer's Society Research UK https://youtube/2EO7Dh3fM7Y-	KS2/3+ A walk around the home / in the community, shown in the eyes of a person living with Dementia- shows difficulties with memory, sequence, visual perception Can also promote how to help / interact positively
Bookcase analogy tinyurl.com/DFbookcase	KS3 Dementia Friend explanation of the bookcase analogy Talks about retention of facts / feelings Outlines changes / care over time Emphasises that there is more to the person than dementia
Living with dementia, the Wilson's story youtube.com/watch?v=4YZDJlcyq-4	KS3 Family affected by dementia with a KS2 grandson Outlines support groups / participation Promotes living well
What are the symptoms of dementia youtube.com/watch?v=cgE0CDEYn0Q	KS3 Helpline advisor talking about the symptoms of dementia V short clip
Your amazing brain- Dementia explained Alzheimer's society	KS3+ Dementia explained by an expert Outlines parts of the brain and functions
Early onset dementia- a daughter's perspective www.bit.ly/AlzSocSch1	UKS3 / KS4 Useful if a young carer is in a school, can be used to help their peers understand the impact of caring
Time to forget Narrated by Bill Nighy Alzheimer's Society.	KS4 Supporting disregarding differences and uniting against dementia.

Primary Key Stage 1 (KS1) 5-7 years ; Key Stage 2 (KS2) 7-11 years

Secondary Key Stage 3 (KS3) 11-14 years ; Key Stage 4 (KS4) 14-16 years

Age ranges are for guidance only

Sally Townsend December 2017